



2022 WISH Funded Projects

Women Investing in Strategies for Health (WISH), a program of UCHealth Northern Colorado Foundation, is a giving circle formed by a group of local women. WISH educates, empowers and inspires women philanthropists. WISH members pool funds to support local programs, projects, and services provided by UCHealth in northern Colorado.

WISH is proud to announce its 2022 award recipients. A total distribution of **\$69,150** supports the following programs and services:

Department	Summary
UCHealth Community Health Improvement	Through education, advocacy, and access to safety equipment, Safe Kids Larimer County works to prevent accidental injuries in children. We purchase new, safe car seats and distribute them to low-income families, teaching them how to install and properly use the seats.
UCHealth Family Medicine Center Food Pantry	The Family Medicine Center Food Pantry serves community members experiencing food insecurity. WISH award funds will be used to purchase tablets to enhance daily operations and improve workflow as we collect client data and conduct surveys to ensure we are meeting our clients' needs. Additionally, the funding will enable the purchase of high-protein food items that are in high demand but short supply.
UCHealth Medical/Oncology Float Pool	Code Lavender is a rapid response program to help caregivers after a stressful situation, such as a difficult diagnosis or the loss of a patient. Typically, staff are expected to carry on with their duties after such events. Code Lavender emphasizes taking a break for self-care, to rest, reflect, process, and enjoy a gift presented by another staff member. The WISH award will fund the purchase of supplies for a gift basket containing a card explaining Code Lavender, tissues, essential oils, a UCHealth logo item, and a lavender bracelet to wear in solidarity.
UCHealth Research - Healthy Hearts	Healthy Hearts and Minds Health Equity and Inclusion Student Focus Groups will put student voices at the center of our educational materials. The WISH award will fund an independent, bilingual insights consultant who has experience engaging local youth about their attitudes regarding vaping and other health habits. This consultant will conduct focus groups and student interviews to ensure our materials are easy to understand, inclusive, and visually engaging.
UCHealth Medical Center of the Rockies Adult Outpatient Rehabilitation	Lymphedema is a sometimes debilitating swelling that can occur in parts of the body, most commonly because of damage to lymph nodes as part of cancer treatment. Bariatric and vascular patients can also be affected by lymphedema. Although there is no cure, specialized therapy can help alleviate the symptoms. The WISH award will enable our clinic to acquire a LymphaTouch device to help treat patients with lymphedema and associated soft-tissue fibrosis.
UCHealth Medical Center of the Rockies Inpatient Rehabilitation	Frenzel goggles—a camera that magnifies and records a patient's eye movements—enable physical therapists to accurately diagnose vestibular (inner ear) problems and develop a treatment plan customized to the patient's needs. Currently, we borrow the goggles from UCHealth Outpatient Therapy Services, but they are frequently in use and unavailable. This award will enable us to purchase Frenzel Goggles to use for MCR inpatients and Emergency Department patients.
UCHealth Northern Region Stroke Program	We are partnering with American Heart Association to start a branch of the Stroke Survivor to Survivor (SS2S) program in our region. This program supports newly diagnosed stroke patients with a phone call from a former stroke survivor. This award will support updated education materials and enable us to procure speakers to deliver educational lectures.
UCHealth Northern Region Stroke Program	A new stroke program will be initiated at Greeley Hospital to serve stroke patients in that region—providing staff education, patient support, community outreach, and staff engagement.
UCHealth Poudre Valley Hospital Trauma Services	UCHealth is utilizing the Healthy U referral process to encourage participation in the multifactorial interventions provided by community injury prevention programs to prevent falls or hospital utilization. This award will enable us to purchase and mail Fall Prevention kits to older adults arriving at the ED because of falls—engaging them in activities to prevent future falls.
UCHealth Northern Region Professional Development	Virtual Reality training provides an immersive level of realism that makes training more effective, preparing new nurses and other staff for hectic, loud, and confusing environments. The technology enables training scenarios that cannot be created in existing training programs. For example, 360° video may show a trauma bay, ambulance, or intensive care room during an actual critical care event such as CPR, enabling trainees to see an actual patient in severe distress. WISH funding will enable us to purchase equipment and a software license.
UCHealth Risk Management	Communication Access Realtime Translation, or CART, ensures effective communication for patients who are deaf or hard of hearing but do not use American Sign Language. With CART a remote transcriptionist listens to patient encounters and transcribes what is being said through a program that livestreams the text back to the patient. The WISH award will enable us to purchase the necessary equipment to create a CART for PVH, MCR, GH, and the Harmony Campus.

UCHealth Loveland Pediatrics	The Reach Out and Read program helps promote reading to our pediatric patients to help with their development. As part of every well-care visit, books are given to children age 6 months to 5 years. This WISH award will be used to purchase the books.
UCHealth Cancer Care and Hematology Oncology Support Services	The UCHealth Cancer Center – Harmony Campus, in collaboration with nine partners, launched the Mindful Birding Pilot Program to incorporate mindful birdwatching as a supplement to cancer treatment and other mindfulness-based stress-reduction offerings. In October 2021 the first stage of the one-year program provided a Mindful Birding Activity Kit for infusion patients and 100 Mindfulness Birding Toolkit folders. This award will fund the second stage of the pilot, which is to expand the program to the staff and three other hospitals.
UCHealth Children's Therapy Services - Occupational Therapy	This award will fund a pediatric biofeedback system (Surface Electromyography—SEMG) to address urinary and fecal incontinence. Biofeedback is a painless, noninvasive, easy-to-apply method to test patients' muscle activity in many functional positions the patient might be unable to perceive independently.
UCHealth Peakview Pediatrics	The Reach Out and Read program helps promote reading to our pediatric patients to help with their development. As part of every well-care visit, books are given to children ages 6 months to 5 years. This WISH award will be used to purchase the books.
UCHealth Medical Group Palliative Care	The Sunshine Cart is filled with small gifts that help reduce the risk of confusion and decrease distress in hospitalized persons living with dementia. WISH funds will help stock the carts with items such as reminiscing books, dementia-friendly coloring books, colored pencils, stuffed animals, and fidget toys to help staff keep our patients engaged in meaningful activities.

If you're interested in supporting UCHealth programs and services through WISH, you, too, can become a member. For more information: uchealthnocofoundation.org/wish.